

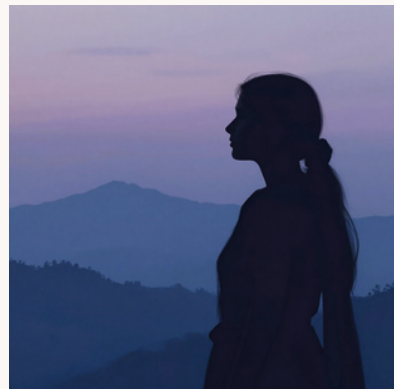
TE KETE POUNAMU

February newsletter – Hui-tanguru panui 2026

February invited us to move with intention — to follow the rhythm of the maramataka, balancing action and rest, planting seeds for the year ahead while staying grounded in our wairua and taiao.

Whakataukī

“Mā te maramataka ka mōhio ai te wā tika.”
Through the maramataka, we know the right time.



Whats On Top



Ngā Kete Oranga ā Ahurea

supports Māori with lived experience of hauora hinengaro, who are registered with Secondary Specialist Mental Health & Addiction services, to access Te Ao Māori-grounded support that strengthens connection to “Ko wai au.”

The kaupapa is tangata-led, co-designed with SSMH&A and kaupapa/tikanga Māori providers, with funding of up to \$5,000 (incl. GST) available per package.

Applications close: 5 March 2026, 5:00pm.



Online Kaupapa



Level 4 Health and Wellbeing is a 2-year online apprenticeship designed for people working in peer support roles. The programme is self-directed, supported by the workplace, and leads to an NCEA Level 4 Health and Wellbeing qualification.

Cost: \$2,000

Kotahitanga is back! Since the 12th of February we've been exploring Ko Wai Au this month, and now we move into our Pepeha series — unpacking the importance of pepeha and connection.

Join us in a safe space to wānanga every Thursday at 1pm.

Kotahitanga Zoom

<https://terauora.zoom.us/j/94589037133>

Meeting ID: 945 8903 7133

Growth is
within us!



OUR HAERENGA FOR THE MONTH

In February, Te Kete Pounamu facilitators ran the Nōku te Ao wānanga with the Te Whatu Ora team in Newtown, Wellington.

The wānanga fostered meaningful kōrero, reflection, and connection, especially through Wairuatanga, where participants shared personal pūrākau. There's a strong collective vision to support a stigma-free, inclusive hauora hinengaro community.

Special thanks to Paamu Kahu and The Salvation Army for hosting and providing a welcoming venue..



Kaimahi from
Whānganui ā
tara

Expressions of Interest

ENROLMENTS FOR PEER APPRENTICESHIP

This is a 2-year, online programme designed for people working in peer support roles.



MA PURAPURA MAI APRIL INTAKE

Mā Purapura Mai is a Māori lived experienced leadership kaupapa



JOIN THE TKP REGIONAL NETWORK

Te Kete Pounamu currently have an active online Expression of Interest (EOI) open for whānau who are keen to join our Regional Membership Groups across the motu.





TE KETE POUNAMU

How to connect with us



<https://www.facebook.com/TeKetePounamu/>



<https://www.instagram.com/teketepounamu/>



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