

# Ngā Kete Oranga ā Ahurea

## Cultural packages of care

### What is this?



Ngā Kete Oranga ā Ahurea is a fund that helps Māori access culturally grounded support to strengthen wellbeing, identity, and connection to te ao Māori, with up to \$5,000 available per package.



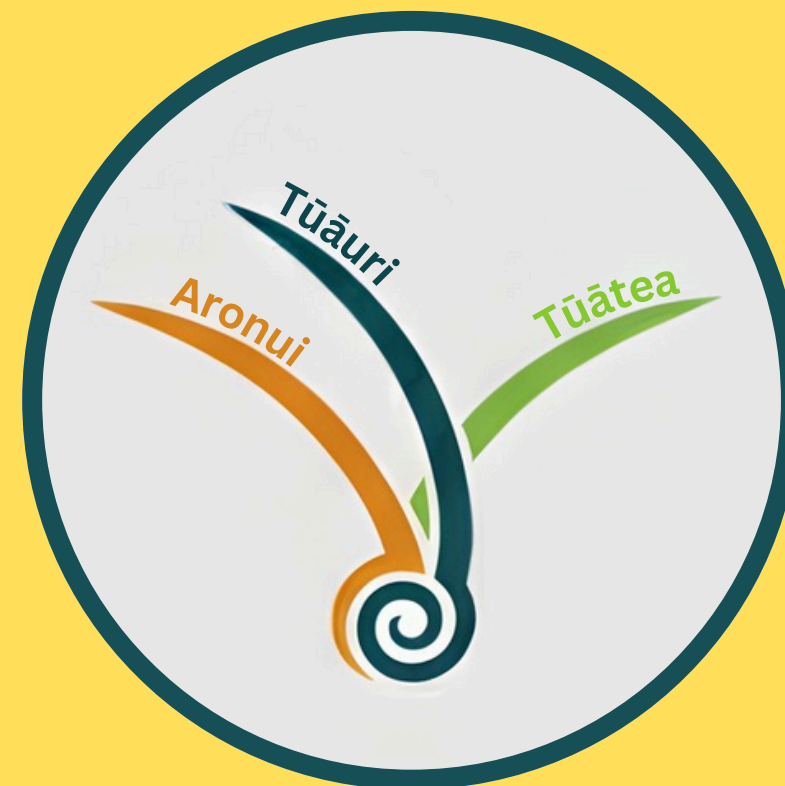
This fund may be for you if you are:

- Māori
- have lived or living experience of mental distress and/or AOD
- are with secondary mental health or addiction services
- want culturally based support (ahurea)

### Who it's for?

### What it can cover?

- Support that helps your wellbeing through Māori culture, connection, and healing. Examples:
  - mātauranga Māori (wānanga, reo, tikanga-based support)
  - rongoā Māori / mirimiri (where available and appropriate)
  - whānau reconnection support (safe kaupapa that bring whānau together)
  - taonga or resources that fit your wellbeing plan
  - access support like travel/transport, if it's part of the kaupapa and approved



### What it doesn't cover:

- To keep it clear, the fund generally won't pay for:
  - cash in hand
  - alcohol, cigarettes/vapes, or non-health items
  - bills, debt, or everyday groceries
  - anything not linked to your wellbeing goals

### Me pēhea te mahi? (How it works)

- You kōrero with a kaimahi supporting you.
- Together you identify what will help your wellbeing most.
- A request is submitted for approval.
- If approved, support is organised and paid through the process (not paid as cash).

### He aha ō kōwhiringa? (Your choice matters)

- You choose what support feels right for you.
- Your package should reflect your goals, your mana, and what will help you move forward.



### How it works?

**He mea nui te tūmataiti (Privacy):** Your information is treated with care. Only what's needed to support the application is shared.

FIND OUT MORE AT  
TEKETEPOUNAMU.CO.NZ

