

TE KETE POUNAMU

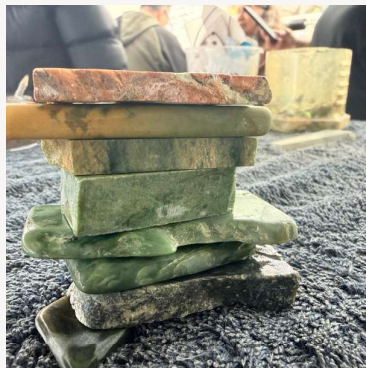
April newsletter – Apereira panui 2026

April invited us to follow the rhythm of the maramataka, making the most of high-energy days for connection and kaupapa, while embracing quieter phases for rest and reflection. Moving with these cycles helps nurture our hauora and maintain balance.

Whakataukī

“Kia whakatōmuri te haere whakamua”

I walk backwards into the future with my eyes fixed on my past.

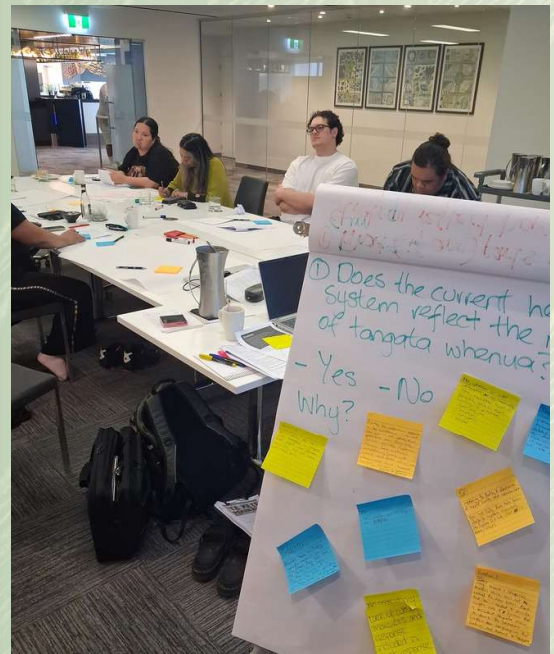


Celebrating Kotahitanga

Our regional pou from across the motu, came together in Tāmaki Makaurau for a two-day wānanga focused on two kaupapa, the National Representative Body and the Mental Health and Wellbeing Draft Strategy.

Strong, honest kōrero centred on the impact for Māori with lived and living experience, focusing on reshaping the pātai so whānau can see themselves reflected.

The whakaaro shared will continue to guide our engagement approach with communities and whānau, ensuring voices are heard and carried forward with integrity.



Whats On Top

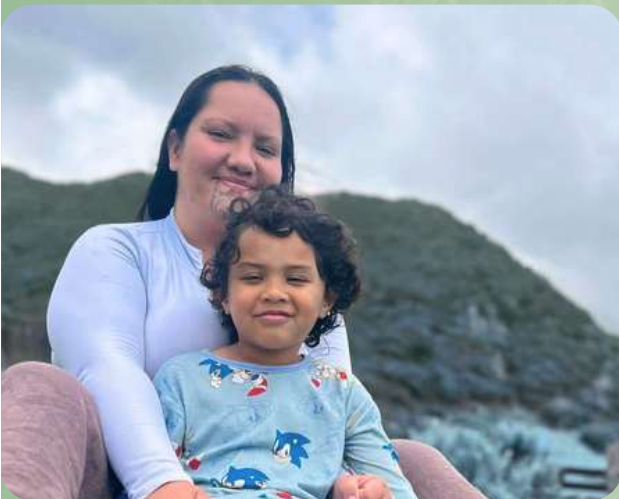


Ngā Kete Oranga ā Ahurea

Applications are now open!
Up to \$5000 funding per package,
more details on our website

Kotahitanga

Every Thursday, 1pm - 2pm
Link on Te Kete Pounamu
Facebook or website



Mental Health & Wellbeing Draft Strategy

Consultations are now open, click
the link below to share your voice!
[Complete online survey](#)

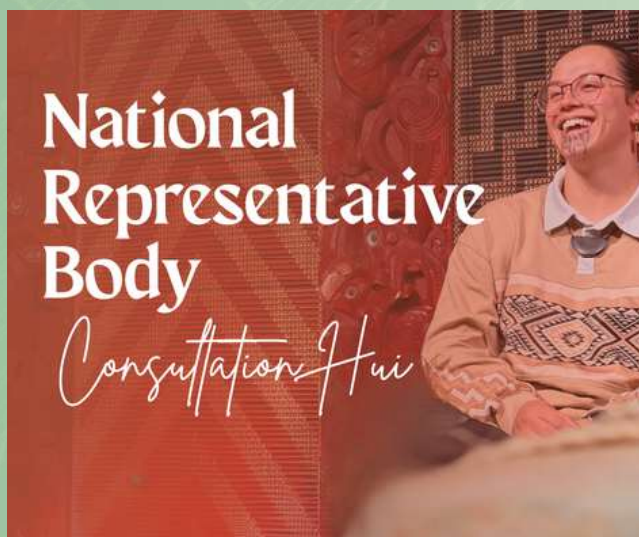
FIND OUT MORE AT
TEKETEPOUNAMU.CO.NZ

Your voice is important & matters!

National Representative Body

Te Kete Pounamu, in partnership with Changing Minds, Balance Aotearoa, and Thriving Madly, have hosted a series of whānau consultation hui to gather whakaaro from Māori with lived experience of hauora hinengaro.

This kaupapa, commissioned by the Ministry of Health, aims to help shape the design of a National Representative Body. Ngā mihi nui to all those who shared their whakaaro.



Mental Health & Wellbeing Draft Strategy

Registrations are now open for whānau Māori to take part in consultations, both online and in person, to wānanga the Draft Mental Health and Wellbeing Strategy.

This kaupapa invites those with lived experience of hauora hinengaro and/or addictions to share their insights and help shape a strategy that reflects the realities and needs of our communities. An online survey is also available for those who prefer to contribute in that way. Whānau are encouraged to register and be part of the kōrero, your voice matters.



OUR HAERENGA FOR THE MONTH

Te Kete Pounamu delivered the Nōku Te Ao Wānanga in Rotorua earlier in the month with Te Whatu Ora Lakes, bringing together a diverse group for meaningful kōrero and reflection.

Participants highlighted the importance of extending this kaupapa to all staff, particularly those in leadership roles. We extend our thanks to Sandra Heald for hosting and to Matua Wi for his support.

An online follow-up will continue the journey, providing space to reconnect and build on the wānanga.



Kaimahi from
Rotorua

Expressions of Interest

ENROLMENTS FOR PEER APPRENTICESHIP

This is a 2-year, online programme designed for people working in peer support roles.



MA PURAPURA MAI APRIL INTAKE

Mā Purapura Mai is a Māori lived experienced leadership kaupapa



JOIN THE TKP REGIONAL NETWORK

Te Kete Pounamu currently have an active online Expression of Interest (EOI) open for whānau who are keen to join our Regional Membership Groups across the motu.



**Scan the code above
to express your interest**



TE KETE POUNAMU

How to connect with us



<https://www.facebook.com/TeKetePounamu/>



<https://www.instagram.com/teketepounamu/>



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